

Resultater Supertrippelen 2021-2024 med løype- og mellomtider

Resultater 01.09.2024:

21 grader, lettskyet pent vær. Vind fra nord 1 m/s. Gode forhold.

| Navn | 10,2 km | Pl. | (8,8 km) | 19,0 km | Pl. | (7,0 km) | 26,0 km |
|--------------------------|---------|-----|----------|---------|-----|----------|---------|
| Arroyo, Ruben Marco | 0:42:19 | 1 | 0:36:35 | 1:18:54 | 1 | 0:27:54 | 1:46:48 |
| Borgen-Johansen, Mats | 0:46:05 | 2 | 0:40:08 | 1:26:13 | 2 | 0:29:58 | 1:56:11 |
| Halle, Alexander Braseth | 0:52:08 | 4 | 0:45:14 | 1:37:22 | 3 | 0:34:36 | 2:11:58 |
| Hox, Lars | 0:52:24 | 5 | 0:45:31 | 1:37:55 | 5 | 0:34:43 | 2:12:38 |
| Steen, Knut Willy | 0:51:18 | 3 | 0:46:10 | 1:37:28 | 4 | 0:39:57 | 2:17:25 |
| Nilsen, Rune | 0:55:51 | 7 | 0:46:58 | 1:42:49 | 6 | 0:36:39 | 2:19:28 |
| Lundestad, Ida | 0:56:57 | 11 | 0:49:43 | 1:46:40 | 9 | 0:37:37 | 2:24:17 |
| Rive, Jan Olav | 0:55:14 | 6 | 0:50:43 | 1:45:57 | 7 | 0:40:23 | 2:26:20 |
| Syversen, Jon Vegard | 0:56:10 | 8 | 0:50:14 | 1:46:24 | 8 | 0:40:55 | 2:27:19 |
| Simonsen, Sven | 0:56:32 | 10 | 0:50:52 | 1:47:24 | 11 | 0:41:06 | 2:28:30 |
| Bau, Magnus | 0:56:22 | 9 | 0:50:18 | 1:46:40 | 9 | 0:42:36 | 2:29:16 |
| Osmani, Halim | 0:59:58 | 13 | 0:50:15 | 1:50:13 | 12 | 0:39:08 | 2:29:21 |
| Larsen, Kristian | 0:58:47 | 12 | 0:54:00 | 1:52:47 | 13 | 0:42:16 | 2:35:03 |
| Javadi, Mohammad | 1:02:59 | 16 | 0:55:39 | 1:58:38 | 14 | 0:40:42 | 2:39:20 |
| Nilsen, Roger | 1:02:28 | 14 | 0:56:39 | 1:59:07 | 15 | 0:45:08 | 2:44:15 |
| Minge, Jørgen | 1:04:49 | 19 | 0:56:25 | 2:01:14 | 17 | 0:44:20 | 2:45:34 |
| Minge, Eirik | 1:02:28 | 14 | 0:56:39 | 1:59:07 | 15 | 0:48:26 | 2:47:33 |
| Noreng, Lars | 1:04:46 | 17 | 1:00:22 | 2:05:08 | 18 | 0:48:32 | 2:53:40 |
| Guttulsrød, Ole | 1:08:54 | 23 | 1:00:36 | 2:09:30 | 22 | 0:44:24 | 2:53:54 |
| Moen, Morten | 1:07:29 | 21 | 1:01:47 | 2:09:16 | 21 | 0:45:32 | 2:54:48 |
| Ileby, Helene | 1:04:48 | 18 | 1:00:20 | 2:05:08 | 18 | 0:50:45 | 2:55:53 |
| Minge, Ulf | 1:07:07 | 20 | 1:01:13 | 2:08:20 | 20 | 0:48:10 | 2:56:30 |
| Borgen-Johansen, Leah | 1:08:52 | 22 | 1:02:23 | 2:11:15 | 23 | 0:51:50 | 3:03:05 |
| Borgen-Johansen, Brage | 1:10:06 | 24 | 1:05:09 | 2:15:15 | 24 | 0:53:04 | 3:08:19 |
| Sørby, Katrine | 1:15:53 | 25 | 1:08:12 | 2:24:05 | 25 | 0:48:00 | 3:12:05 |
| Elvehøy, Sara | 1:15:53 | 25 | 1:08:12 | 2:24:05 | 25 | 0:57:02 | 3:21:07 |
| Kaspersen, Steve | | | | | | | DNF |
| Olufsen, Glenn | | | | | | | DNF |
| Pinås, Tor Christian | | | | | | | DNF |
| Sture, Martin | | | | | | | DNF |

Resultater 10.09.2023:

18 grader, lettskyet pent vær. Vind fra sør 2 m/s. Gode forhold.

| Navn | 10,2 km | Pl. | (8,8 km) | 19,0 km | Pl. | (7,0 km) | 26,0 km |
|---------------------|---------|-----|----------|---------|-----|----------|---------|
| Arroyo, Ruben Marco | 0:44:00 | 1 | 0:40:06 | 1:24:06 | 1 | 0:30:21 | 1:54:27 |
| Nilsen, Jørn Espen | 0:45:16 | 2 | 0:41:07 | 1:26:23 | 2 | 0:31:19 | 1:57:42 |
| Knudsen, Christer | 0:47:59 | 3 | 0:41:36 | 1:29:35 | 3 | 0:32:25 | 2:02:00 |

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|--------------------------|---------|----|---------|---------|----|---------|---------|
| Borgen-Johansen, Lise | 0:48:00 | 4 | 0:42:23 | 1:30:23 | 4 | 0:32:51 | 2:03:14 |
| Borgen-Johansen, Mats | 0:48:00 | 4 | 0:42:23 | 1:30:23 | 4 | 0:32:51 | 2:03:14 |
| Rostad, Kristoffer | 0:50:57 | 9 | 0:44:49 | 1:35:46 | 6 | 0:33:02 | 2:08:48 |
| Wernersen, Regin | 0:51:48 | 16 | 0:43:58 | 1:35:46 | 6 | 0:33:50 | 2:09:36 |
| Hox, Lars | 0:51:34 | 11 | 0:44:38 | 1:36:12 | 11 | 0:33:57 | 2:10:09 |
| Eriksen, Lars-Andreas | 0:48:54 | 6 | 0:46:52 | 1:35:46 | 6 | 0:34:39 | 2:10:25 |
| Guthu, Geir Ole | 0:48:54 | 6 | 0:46:52 | 1:35:46 | 6 | 0:35:00 | 2:10:46 |
| Nilsen, Rune | 0:51:34 | 11 | 0:44:38 | 1:36:12 | 11 | 0:35:18 | 2:11:30 |
| Halle, Alexander Braseth | 0:51:30 | 10 | 0:44:41 | 1:36:11 | 10 | 0:35:56 | 2:12:07 |
| Hansen, Linn Therese | 0:50:41 | 8 | 0:47:52 | 1:38:33 | 16 | 0:34:57 | 2:13:30 |
| Berg, Kai | 0:51:48 | 16 | 0:45:21 | 1:37:09 | 15 | 0:36:33 | 2:13:42 |
| Hansen, Jon Andreas | 0:51:37 | 14 | 0:45:20 | 1:36:57 | 13 | 0:37:11 | 2:14:08 |
| Smaaberg, Bjørn Arild | 0:51:34 | 11 | 0:45:23 | 1:36:57 | 13 | 0:37:24 | 2:14:21 |
| Steen, Knut Willy | 0:55:27 | 18 | 0:48:14 | 1:43:41 | 17 | 0:35:06 | 2:18:47 |
| Strangel, Bjørn-Erik | 0:51:40 | 15 | 0:52:45 | 1:44:25 | 18 | 0:40:04 | 2:24:29 |
| Syversen, Jon Vegard | 0:56:07 | 21 | 0:49:47 | 1:45:54 | 19 | 0:38:57 | 2:24:51 |
| Lundestad, Ida | 0:58:01 | 23 | 0:51:07 | 1:49:08 | 23 | 0:40:31 | 2:29:39 |
| Skaar, Anders | 0:56:04 | 20 | 0:52:26 | 1:48:30 | 21 | 0:41:39 | 2:30:09 |
| Mathisen, Oscar | 0:56:03 | 19 | 0:52:27 | 1:48:30 | 21 | 0:41:43 | 2:30:13 |
| Osmani, Halim | 0:56:15 | 22 | 0:51:57 | 1:48:12 | 20 | 0:44:40 | 2:32:52 |
| Stordal, André | 0:58:10 | 24 | 0:53:02 | 1:51:12 | 24 | 0:43:08 | 2:34:20 |
| Dalen, Frithjof | 0:59:22 | 26 | 0:53:16 | 1:52:38 | 25 | 0:41:48 | 2:34:26 |
| Simonsen, Sven | 0:59:55 | 27 | 0:54:43 | 1:54:38 | 26 | 0:44:09 | 2:38:47 |
| Mathisen, Espen | 1:03:06 | 28 | 0:55:54 | 1:59:00 | 28 | 0:44:59 | 2:43:59 |
| Larsen, Kristian | 1:04:34 | 29 | 0:57:48 | 2:02:22 | 29 | 0:42:07 | 2:44:29 |
| Aasberg Johansen, Stian | 0:59:12 | 25 | 0:57:31 | 1:56:43 | 27 | 0:49:15 | 2:45:58 |
| Arnesen, Jon Vidar | 1:05:51 | 30 | 0:58:34 | 2:04:25 | 30 | 0:45:33 | 2:49:58 |
| Sognlien, Tom | 1:09:43 | 31 | 1:11:18 | 2:21:01 | 31 | 0:56:34 | 3:17:35 |
| Fredriksen, Sindre | | | | | | | DNF |

Resultater 25.09.2022:

14 grader, lettskyet pent vær. Svak vind, skiftende retning. Gode forhold.

| Navn | 10,2 km | Pl. | (8,8 km) | 19,0 km | Pl. | (7,0 km) | 26,0 km |
|------------------------|---------|-----|----------|---------|-----|----------|---------|
| Erstad, Magnus | 0:45:52 | 1 | 0:34:24 | 1:24:16 | 1 | 0:27:50 | 1:52:06 |
| Johansen, Mats Borgen | 0:46:29 | 2 | 0:39:56 | 1:26:25 | 2 | 0:30:09 | 1:56:34 |
| Kvame, Anders | 0:46:29 | 2 | 0:41:20 | 1:27:49 | 3 | 0:34:04 | 2:01:53 |
| Smaaberg, Bjørn Arild | 0:49:26 | 4 | 0:43:20 | 1:32:46 | 4 | 0:33:34 | 2:06:20 |
| Nilsen, Rune | 0:49:26 | 4 | 0:43:42 | 1:33:08 | 5 | 0:33:50 | 2:06:58 |
| Fredriksen, Sindre | 0:49:01 | 6 | 0:46:59 | 1:36:00 | 7 | 0:39:03 | 2:15:03 |
| Johansen, Sverre Lande | 0:49:26 | 7 | 0:45:11 | 1:34:37 | 6 | 0:40:26 | 2:15:03 |
| Berg, Kai | 0:53:00 | 8 | 0:46:30 | 1:39:30 | 8 | 0:35:35 | 2:15:05 |
| Hox, Lars | 0:56:41 | 14 | 0:46:31 | 1:43:12 | 9 | 0:36:38 | 2:19:50 |
| Skorpen, Ingvild | 0:54:55 | 11 | 0:48:20 | 1:43:15 | 10 | 0:39:42 | 2:22:57 |
| Steen, Knut Willy | 0:54:20 | 9 | 0:50:43 | 1:45:03 | 11 | 0:39:56 | 2:24:59 |
| Eriksen, Lars-Andreas | 0:56:31 | 12 | 0:51:00 | 1:47:31 | 13 | 0:38:30 | 2:26:01 |
| Ahmad, Fairuz Syed | 0:57:03 | 16 | 0:50:28 | 1:47:31 | 13 | 0:39:06 | 2:26:37 |
| Baustad, Alexander | 0:54:20 | 9 | 0:50:43 | 1:45:03 | 11 | 0:42:04 | 2:27:07 |
| Nygård, Alf-Martin | 0:57:25 | 18 | 0:52:21 | 1:49:46 | 17 | 0:39:07 | 2:28:53 |

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|-------------------------|---------|----|---------|---------|----|---------|---------|
| Arnesen, Camilla Opstad | 0:59:05 | 19 | 0:51:35 | 1:50:40 | 18 | 0:40:22 | 2:31:02 |
| Syversen, Jon Vegard | 0:56:31 | 12 | 0:51:57 | 1:48:28 | 15 | 0:45:47 | 2:34:15 |
| Vikesland, Pål | 0:57:16 | 17 | 0:52:02 | 1:49:18 | 16 | 0:44:57 | 2:34:15 |
| Olufsen, Glenn | 1:00:58 | 22 | 0:53:42 | 1:54:40 | 21 | 0:40:16 | 2:34:56 |
| Osmani, Halim | 0:59:43 | 20 | 0:54:28 | 1:54:11 | 20 | 0:42:58 | 2:37:09 |
| Svandal, Magne | 1:01:32 | 23 | 0:55:27 | 1:56:59 | 23 | 0:47:27 | 2:44:26 |
| Jensen, Kristoffer | 1:00:02 | 21 | 0:55:58 | 1:56:00 | 22 | 0:50:40 | 2:46:40 |
| Westberg, Raymond | 0:57:01 | 15 | 0:54:50 | 1:51:51 | 19 | 1:01:21 | 2:53:12 |
| Sognlien, Tom | 1:05:14 | 24 | 1:01:16 | 2:06:30 | 24 | 0:50:08 | 2:56:38 |
| Høier, Birthe Lundestad | 1:09:26 | 25 | 1:04:04 | 2:13:30 | 25 | 0:52:45 | 3:06:15 |
| Ileby, Helene | 1:09:26 | 25 | 1:04:04 | 2:13:30 | 25 | 0:52:56 | 3:06:26 |
| Årøen, Asbjørn | 1:37:53 | 27 | 1:44:37 | 3:22:30 | 27 | 1:24:57 | 4:47:27 |
| Oliversen, Magnus | | | | | | | DNF |
| Henriksen, Roar | | | | | | | DNF |
| Skjelhaugen, Daniel | | | | | | | DNF |
| Fredriksen, Stian | | | | | | | DNF |

Resultater 05.09.2021:

18 gr, skyet og sol etter hvert. Vind fra sørvest 5 m/s. Topp forhold

| Navn | 10,2 km | Pl. | (8,8 km) | 19,0 km | Pl. | (7,0 km) | 26,0 km |
|-----------------------|---------|-----|----------|---------|-----|----------|---------|
| Arroyo, Ruben Marco | 0:42:34 | 1 | 0:37:34 | 1:20:08 | 1 | 0:28:49 | 1:48:57 |
| Gundersen, Martin | 0:44:44 | 2 | 0:39:44 | 1:24:28 | 2 | 0:31:03 | 1:55:31 |
| Kvame, Anders | 0:45:02 | 3 | 0:39:34 | 1:24:36 | 3 | 0:31:49 | 1:56:25 |
| Bjerke, Terje | 0:45:04 | 4 | 0:40:04 | 1:25:08 | 4 | 0:33:10 | 1:58:18 |
| Hansen, Linn Therese | 0:49:20 | 5 | 0:42:58 | 1:32:18 | 5 | 0:31:55 | 2:04:13 |
| Nilsen, Rune | 0:54:39 | 11 | 0:46:22 | 1:41:01 | 7 | 0:33:45 | 2:14:46 |
| Skaar, Espen | 0:52:05 | 6 | 0:48:05 | 1:40:10 | 6 | 0:38:52 | 2:19:02 |
| Klausen, Glenn | 0:53:34 | 7 | 0:48:07 | 1:41:41 | 9 | 0:37:49 | 2:19:30 |
| Berg, Kai | 0:53:44 | 8 | 0:47:44 | 1:41:28 | 8 | 0:40:12 | 2:21:40 |
| Noreng, Lars | 0:53:45 | 9 | 0:49:43 | 1:43:28 | 10 | 0:39:41 | 2:23:09 |
| Steen, Knut Willy | 0:53:47 | 10 | 0:49:41 | 1:43:28 | 10 | 0:39:41 | 2:23:09 |
| Syversen, Jon Vegard | 0:55:33 | 13 | 0:50:15 | 1:45:48 | 12 | 0:39:06 | 2:24:54 |
| Bill, Daniel | 0:55:55 | 14 | 0:50:37 | 1:46:32 | 13 | 0:40:36 | 2:27:08 |
| Vikesland, Pål | 0:55:55 | 14 | 0:50:41 | 1:46:36 | 14 | 0:42:32 | 2:29:08 |
| Raagaard, Henrik Lund | 0:55:31 | 12 | 0:52:26 | 1:47:57 | 15 | 0:42:27 | 2:30:24 |
| Kaspersen, Steve | 0:58:10 | 17 | 0:52:15 | 1:50:25 | 16 | 0:46:25 | 2:36:50 |
| Martinsen, Jon Daniel | 0:56:54 | 16 | 0:54:55 | 1:51:49 | 17 | 0:47:38 | 2:39:27 |
| Liepina, Kristine | 1:01:00 | 19 | 0:58:22 | 1:59:22 | 20 | 0:48:29 | 2:47:51 |
| Osmani, Halim | 1:02:54 | 20 | 0:56:12 | 1:59:06 | 18 | 0:51:18 | 2:50:24 |
| Moen, Morten | 1:03:13 | 21 | 1:02:13 | 2:05:26 | 21 | 0:46:01 | 2:51:27 |
| Handelsby, Raymond | 0:58:20 | 18 | 1:00:52 | 1:59:12 | 19 | 0:55:57 | 2:55:09 |
| Aasen, Ole Johnny | 1:07:21 | 22 | 1:03:54 | 2:11:15 | 22 | 0:53:22 | 3:04:37 |
| Nilsen, Roger | 1:11:30 | 23 | 1:04:05 | 2:15:35 | 24 | 0:54:08 | 3:09:43 |
| Sognlien, Tom | 1:11:30 | 23 | 1:03:56 | 2:15:26 | 23 | 1:04:13 | 3:19:39 |
| Oliversen, Magnus | | | | | | | DNF |